



Presentation Deck 2023

Healthier People
Drive Better
Business

What We Do

"We digitally monitor, manage and reduce health risks that lead to increased sickness absence, accidents and shortened careers."



Why We Do It

"Our mission is to reduce sickness and improve health and wellbeing.

The average age of a HGV driver is

56 and dead by

62

THE COST
OF SICK DAYS TO
THE UK ECONOMY
EVERY YEAR IS

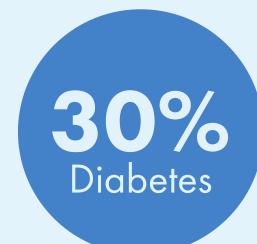
£77.5

78%

of your workforce are medically unfit and were not aware of it.

The Statistics

Before



From QRisk2 analysis

52%
Heart Attack and Strokes

56%
had raised levels
of Cholesterol

Yet everyone stated that they 'felt healthy'

After just 60 days



48%
showed a significant improvement by a reduction in their resting heart rate

Increased
Fitness Levels
(Reduced Resting
heart Rate)

5.1kg
average weight reduction

47% had improved sleep patterns

100% OF THE WORKFORCE BENEFIT 100% of referrals were deemed medically appropriate

The Final Risk Assessment

20%
reduction in Heart
Attacks and Stroke risks
(4.3% reduction in
QRisk)

10% reduction in Diabetes

15%
reduction in
Cholesterol Levels
(Ratio reduced by 1)



How We Do It

Our simple 123 process

1

ONBOARDING AND MEDICAL RISK ASSESSMENT



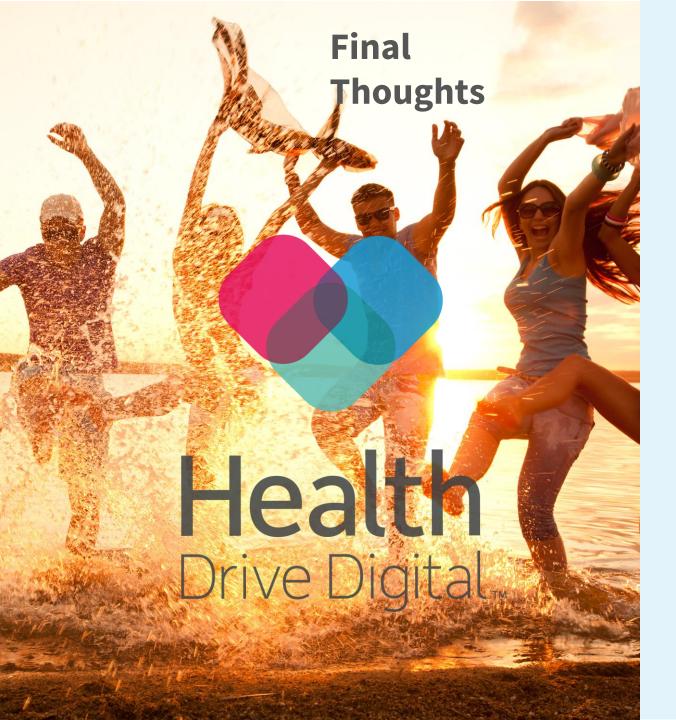
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ANONYMISED MONITORING WITH ADVICE AND LIFESTYLE INTERVENTION



3
ONWARD MEDICAL REFERRAL





Supported By







appian







